

HUB Cycling *Bike to School* – Adapted Bikes Information



Our goal is to support all students to participate fully in our courses. Through our adaptive bikes program, 3 specialized bicycles are available to students with disabilities by request. We also have accessories to increase comfort and safety including straps and foam pads that can be used to secure riders, or to pad seats or back rests. If students have their own specialized bike, we encourage them to bring it to school on program days. We thank the GoodLife Kids Foundation for their support in creating a cycling experience that is safe, comfortable, and fun for students with additional learning needs.

20" Balance Bike

Specs:

- Sturdy bike without pedals, chain, or gears
- Uses hand brakes
- Heights: 4'10"-5'11"
- Weight limit: 242lbs

Bike is suited towards:

- Riders that would benefit from a slower progression towards cycling
- Riders who need to build core control
- Riders with low muscle tone
- Riders with cognitive disabilities including but not limited to Down Syndrome or autism.



Mobito Recumbent Trike

Specs:

- Reclined trike with foot pedals
- Brakes controlled by right hand
- Steering controlled by hand levers
- Heights: 3" – 4'8"(can be adjusted for shorter riders)
- Weight limit: 180lbs

Bike is suited towards:

- Riders that would benefit from an increased sense of security and stability
- Riders with balance issues and/or loss of coordination
- Riders that might fatigue easily due to muscular issues
- Riders who avoid weight-bearing activities due to joint issues or pain



Triton Recumbent Trike

Specs:

- Larger reclined trike with foot pedals
- Brakes controlled by right hand
- Steering controlled by hand levers
- Heights: 3'5" – 5'8" (can be adjusted for shorter riders)
- Weight limit: 220lbs

Bike is suited towards:

- Meets similar needs as the Mobito, for taller riders



To request an adaptive bike for your school program: Email your HUB Coordinator, or schools@bikehub.ca, at least one week in advance of the course start and include:

- Student's name
- Classroom teacher
- Bike requested
- Accessories requested